Diaconate Formation

Celibacy and Holy Matrimony
Celibacy

Defined as:

The state or condition of those who have chosen to remain unmarried for the sake of the kingdom of heaven in order to give themselves entirely to God and to the service of his people.

In the Latin Church, celibacy is obligatory for bishops and priests. In some Eastern Churches, celibacy is a prerequisite for the ordination only of bishops; priests may not marry after they have been ordained CCC 1579, 1580.
Celibacy

**CCC1579** All the ordained ministers of the Latin Church, with the exception of permanent deacons, are normally chosen from among men of faith who live a *celibate* life and who intend to remain *celibate* “for the sake of the kingdom of heaven.”

Called to consecrate themselves with undivided heart to the Lord and to “the affairs of the Lord,” they give themselves entirely to God and to men. Celibacy is a sign of this new life to the service of which the Church’s minister is consecrated; accepted with a joyous heart celibacy radiantly proclaims the Reign of God.
Celibacy affects every Deacon

- In one way or another, celibacy affects every deacon, married or unmarried. Understanding the nature of celibacy—its value and its practice—are essential to the married deacon. Not only does this understanding strengthen and nurture his own commitment to marital chastity, but it also helps to prepare him for the possibility of living celibate chastity should his wife predecease him.
This concern is particularly unique within the diaconate. Tragically, some deacons who were married at the time of ordination only begin to face the issues involved with celibacy upon the death of their wives. As difficult as this process is, all deacons need to appreciate the impact celibacy can have on their lives and ministry. (National Directory, 72)
Clerical Celibacy
(Historical Development)

- Clerical celibacy was derived from oral tradition and Holy Scripture

- **Council of Elvira, 303 A.D.** contains the first regulation concerning celibacy.... “It has seemed good absolutely to forbid the bishops, the priests, and the deacon, i.e. all the clerics engaged in service at the altar, to have (sexual) relations with their wives and procreate children; should anyone do so, let him be excluded from the honor of the clergy. [Canon 33]

The Case for Clerical Celibacy by Alfons Maria Cardinal Strickler (1995)

(NOT THE CASE IN THE EASTERN CHURCH TODAY!)
The Sacrament of Matrimony
(Marriage)

Defined as:
A covenant or partnership of life between a man and woman, which is ordered to the well-being of the spouses and to the procreation and upbringing of children. When validly contracted between two baptized people, marriage is a sacrament (Matrimony) (CCC 1601)
The Vocation to Chastity

We are called to live a chaste life

Chastity means the successful integration of sexuality within the person and thus the inner unity of man in his bodily and spiritual being. (CCC #2337)

- Chastity is a moral virtue. It is a gift from God, a grace, a fruit of spiritual effort. (CCC #2345)
The Order of Deacons

- CCC1570 Deacons share in Christ’s mission and grace in a special way.
- The sacrament of Holy Orders marks them with an imprint ("character") which cannot be removed and which configures them to Christ, who made himself the "deacon" or servant of all.
The Order of Deacons

Among other tasks, it is the task of deacons to

- assist the bishop and priests in the celebration of the divine mysteries, above all the Eucharist, in the distribution of Holy Communion,
- assisting at and blessing marriages,
- in the proclamation of the Gospel and preaching,
- in presiding over funerals, and
- in dedicating themselves to the various ministries of charity.
The Married Deacon

- The majority of deacons in the United States are married. These men bring to the Sacrament of Holy Orders the gifts already received and still being nurtured through their participation in the Sacrament of Matrimony.
- This sacrament sanctifies the love of husbands and wives, making that love an efficacious sign of the love of Christ for his Church.
The Married Deacon

- Marriage requires an “interpersonal giving of self, a mutual fidelity, a source of [and openness to] new life, [and] a support in times of joy and sorrow.”

- Lived in faith, this ministry within the domestic Church is a sign to the entire Church of the love of Christ.

- It forms the basis of the married deacon’s unique gift within the Church. (National Directory, 66)
The Married Deacon

A married deacon, with his wife and family, gives witness to the sanctity of marriage. The more they grow in mutual love, conforming their lives to the Church’s teaching on marriage and sexuality, the more they give to the Christian community a model of Christ-like love, compassion, and self-sacrifice.
The Married Deacon

- The married deacon must always remember that through his sacramental participation in both vocational sacraments, first in Matrimony and again in Holy Orders, he is challenged to be faithful to both. With integrity he must live out both sacraments in harmony and balance. *(National Directory, 68)*
Balancing Marriage and Family

- “In particular the deacon and his wife must be a living example of fidelity and indissolubility in Christian marriage before a world which is in dire need of such signs.

- By facing in a spirit of faith the challenges of married life and the demands of daily living, they strengthen the family life not only of the Church community but of the whole of society.
Balancing Marriage and Family

- They also show how the obligations of family life, work and ministry can be harmonized in the service of the Church’s mission.

- Deacons and their wives and children can be a great encouragement to others who are working to promote family life.” (National Directory, 64)
Family – Forming a Community of Persons

- The love between husband and wife and, in a derivatory and broader way, the love between members of the same family—between parents and children, brothers and sisters and relatives and members of the household—is given life and sustenance by an unceasing inner dynamism leading the family to ever deeper and more intense communion, which is the foundation and soul of the community of marriage and the family. (*Familiaris Consortio* – Christian Family in the Modern World – St. Pope John Paul II)

**The Married Deacon is the role model for family**
Balancing Marriage and Family as a Deacon

- Learn to say “No” at times. One may have to reschedule things because of family events.
- Set time aside for couple’s time. A wife is an equal partner in the Sacrament of Matrimony. Keep her informed!
- For those who exercise a civil profession, one must provide for his own needs and for those of his family with the proceeds of that profession.
Challenges and Opportunities

- Be prepared to teach, facilitate and delegate
- Learn that not all ministries are in your giftedness
- Make time daily to reading and meditating on the Word of God
- Frequent, if possible daily, active participation in the Sacrifice of the Mass, receive the Most Holy Eucharist and devoutly visit the Blessed Sacrament
- Frequent the Sacrament of Penance
- Venerate and love the Virgin Mary, the Mother of God, with fervent devotion
- Make time for spiritual retreats, preferably annually
Challenges and Opportunities

- Take time off at times for yourself...enjoy a hobby, keep physically active, take care of your health...don’t get burned out!
- Learn to collaborate especially with the pastor and staff
- Don’t get caught in political situations
- Remember...confidentially in ministry
- Have a spiritual director
- Be positive about life, about change... “I am blessed”
- Be a person of prayer and reflection daily
So what can you do as you enter formation?

- Set priorities and focus on them
- Get organized
- Learn to manage better your time
- Be flexible
- Establish support networks and share the load
- Let things go (Don’t sweat the small stuff)
- Simplify your life…practice gratitude!
- Remember…It’s more important to “BE” than “DO”
Is my life in balance?
Quintessential Careers – Deacon Frank Ashley, Ed. D

Directions: Answer true or false to each statement below.

1. I find myself spending more and more time on church-related projects.
2. I often feel I don’t have time for myself… or for my family and friends.
3. No matter what I do, it seems that often every minute of every day is always scheduled for something.
4. Sometimes I feel as though I’ve lost sight of who I am and why I entered the diaconate.
5. I can’t remember the last time I was able to find time to take a day off to do something fun… something just for me.
6. I feel stressed out most of the time.
7. I can’t even remember the last time I used all my allotted vacation and personal days.
Is my life in balance?

Quintessential Careers – Deacon Frank Ashley, Ed. D

8. It sometimes feels as though I never even have a chance to catch my breath before I have to move on to the next project/crisis.

9. I can’t remember the last time I read… and finished… a book that I was reading purely for pleasure.

10. I wish I had more time for some outside interests and hobbies, but I simply don’t.

11. I often feel exhausted… even early in the week.

12. I can’t remember the last time I went to the movies or visited a museum or attended some other cultural event.

13. I do what I do because so many people (children, partners, parents, priests, deacons, parishioners,) depend on me for support.

14. I’ve missed many of my family’s important events because of church-related time pressures and responsibilities.

15. I almost always bring work home with me.
Scoring

- Give yourself 1 point for each “true” response

*Note that each “true” response is a sign that you probably need to make changes in your life.
*And the higher the number, the more critical it is for you to make changes in your lifestyles.

If you scored ...

0-2  Your life is in pretty good balance; just be sure to do what you can to guard that balance.

3-5  Your balance is teetering on the edge; now is the time to make changes before the problems overwhelm you.

5+  Your life is out of balance; you need to take immediate action to make changes in your life before things start crashing around you.