



## Liturgy Adaptions and Restrictions during the Flu Season

Effective immediately, and until further notice, please begin implementing the following liturgical adaptions as precautionary steps to prevent the spread of the influenza virus during church services:

- The faithful should be encouraged not to hold hands during the reciting of the Our Father.
- Suspend the distribution of the Precious Blood.
- Suspend the Sign of Peace handshake.
- If a non-communicant comes forward for a blessing, the blessing should be given without touching them.

Remind deacons and extraordinary ministers of Holy Communion to be extra vigilant in washing their hands before Mass begins and using hand sanitizer before and after distributing Holy Communion.

This is an opportunity to remind the faithful that in receiving the Blessed Sacrament under one species, they are still receiving our Lord, Body and Blood, Soul and Divinity, as the Church has always taught.

Your pastoral judgment and approach is critical to ensuring that these temporary changes are seen as being in the best interest of the faithful.