

## **Liturgy Adaptations and Restrictions during the Flu Season**

**January 10, 2020**

Due to the severity of this flu season, the Diocese of Fort Worth has advised pastors to immediately implement the following liturgical adaptations:

- To encourage the faithful to not hold hands during the Our Father
- To suspend the distribution of the Precious Blood
- To suspend handshakes during the Sign of Peace
- If a non-communicant comes forth for a blessing, the blessing should be given without touching them

The faithful are reminded that in receiving the Blessed Sacrament under one species, they are still receiving our Lord – body, blood, soul, and divinity as the Church has always taught.