Liturgy Adaptations and Restrictions during the Flu Season

January 10, 2020

Due to the severity of this flu season, the Diocese of Fort Worth has advised pastors to immediately implement the following liturgical adaptations:

- To encourage the faithful to not hold hands during the Our Father
- To suspend the distribution of the Precious Blood
- To suspend handshakes during the Sign of Peace
- If a non-communicant comes forth for a blessing, the blessing should be given without touching them

The faithful are reminded that in receiving the Blessed Sacrament under one species, they are still receiving our Lord – body, blood, soul, and divinity as the Church has always taught.