

Flu Season 2020 Reminder

March 3, 2020

The Catholic Diocese of Fort Worth on January 10, 2020 suspended the distribution of the Precious Blood and handshakes during the Sign of Peace because of the widespread flu throughout the 28 counties that make up the diocese.

[Complete adaptations & restrictions](#)

Given the current health situation, the suspension will remain for the foreseeable future.

Further, if you are not feeling well or are experiencing symptoms of illness, please stay home. If you are sick, you are not bound by the obligation to attend Mass, including on Sunday. Out of charity to others, individuals feeling ill should not attend Mass or other liturgical events.