



DAY OF REFLECTION

THURSDAY, AUGUST 20, 2026

St. Matthew Parish | 2021 New York Avenue | Arlington | TX 76010

- 9:00 AM Arrival & Light Refreshments
- 9:30 AM Welcome and Opening Prayer
- 9:40 AM Reflection – 1
- 10:20 AM Personal Prayer / Reflection / Break
- 10:50 AM Reflection – 2
- 11:40 AM Group Prayer / Reflection
- 12:10 PM Holy Mass
- 12:45 PM Lunch
- 1:20 PM Closing Prayer & Sending Forth



ONE IN CHRIST,
United in Mission

100 YEARS OF WORLD MISSION SUNDAY