

#14 WOMEN'S RETREAT
APRIL 9 - 12, 2026



Mercy and the Life of the Spirit!



In this retreat, we focus on God's mercy and the fruit of the Holy Spirit: Love, Joy, Peace, Patience, Kindness, Generosity, Faithfulness, Gentleness, Self-Control. God's mercy frees us from self-centeredness and enables us to serve those who suffer. St. Paul summarizes the Christian life: In Christ Jesus, [what really matters is] faith working through love. (Galatians 5:5-6).

As an Ignatian retreat, we also tie Mercy and the Fruit of the Holy Spirit to the Spiritual Exercises of St. Ignatius through the different themes: Creation, Freedom, Sin, Discipleship, the Passion, and the Resurrection. In doing so, we open our hearts to be widened by God's mercy, so to share it with those in need.

Directed by Fr. John Lan Tran, S.J.



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