

What are you listening to? When you listen are you hearing the fruits of the Holy Spirit-love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control? Our Creator Lord is a self-communicating God - always desiring to give God's self to the beloved. This retreat explores the gift of listening to, for, and with the Lord through the framework of the Spiritual Exercises of St. Ignatius. The retreat cultivates silence as a doorway to God. Such a door opens within allowing time and space to lift up your own self and hold it still in the presence of God in honesty and understanding and unconditional love. What are you listening to? Come and train your ear and your heart to listen to the movement of our Creator Lord in your life.





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