

**SATURDAY OF
REFLECTION**

June 8, 2024

9 am - Noon

Prayer is Relationship

*Have you ever
felt stuck
in prayer?*

Follow St. Ignatius of
Loyola's lead: discern,
adapt, thrive.

Troubleshoot the
prayer style you need
now. Each offers a
unique way of
connecting to God.



Phil 4:6

"Do not be
anxious about
anything, but in
every situation,
by prayer and
petition, with
thanksgiving,
present your
requests to
God."

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